

APA Symposium 212: International Research on Creativity and the Arts During the COVID-19 Pandemic

From: [Tang Min](#)

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Hello everyone,

For those of you who are attending this year's APA Convention and interested in cross-cultural studies on creativity, arts, and well-being, the following symposium might be of interest to you:

Symposium 212: International Research on Creativity and the Arts During the COVID-19 Pandemic <https://apa.econference.io/public/1B6TQO2/main/sessions/2049>

This symposium presents three international research projects situated within the context of the COVID-19 pandemic.

Project 1 examined the associations between creative adaptability and the experience of positivity (more positive than negative emotions) in adults during the COVID-19 pandemic outbreak with a sample of 1,432 from four countries: Israel, USA, China, and Italy. A mediation model for creative adaptability predicting positivity through creative self-efficacy, resilient coping, and emotion regulation (reappraisal and suppression) was also examined.

Project 2, with a sample of 1,330 creative arts therapists, examined (a) how the Coronavirus pandemic impacted clinical practice, and (b) what characterizes their online practice. Specifically, the study highlights reasons for changes in practice, change in the use of the arts in therapy, helpful sources, and the role of therapists' creative self-efficacy in adapting to the forced changes due to the COVID-19 pandemic.

Project 3 drew on 1420 employee samples from China, Germany, and USA to examine whether creativity can function as an effective means to cope with crisis such as COVID-19 pandemic and to achieve well-being. Furthermore, it was examined whether creativity could also help employees perceive social connectedness in the time of COVID-19.

On behalf of our research team composed of five researchers from China, Germany and USA, I'll be presenting Project 3. The presentation video has been uploaded to the conference website and will be available tomorrow. If you are interested in the details of the study and the results, here is the link to the published paper about this study: <https://doi.org/10.3389/fpsyg.2021.601389>

I look forward to any form of exchange with you.

Best regards,
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